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Curriculum Vitae

**SUSAN PENZA-CLYVE, PhD
LICENSED PSYCHOLOGIST**

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EDUCATION:

Undergraduate **Colby College**, Biology, B.A., 1989

Graduate **University of Maine**, Clinical/Developmental Psychology, Ph.D., 1999

Predoctoral
Internship **Brown Medical School Psychology Training Consortium**,
Child Clinical Track, Rhode Island Hospital, Providence, RI; Bradley
Hospital, East Providence, RI; Butler Hospital, Providence, RI. 1998-1999

Postdoctoral
Fellowship **Brown Medical School Psychology Training Consortium**,
Child Clinical Track, Rhode Island Hospital, Providence, RI. 1999-2002

PROFESSIONAL LICENSURE:

Licensed Psychologist ME: 2006 -- present, ME Lic. # PS1193
Licensed Psychologist RI: 2000 – 2006, RI Lic. # PS 733

PRIVATE PRACTICE:

Clinical Psychologist in independent private practice 2006-present, Portland, ME. Psychotherapy specializing in cognitive and behavioral therapies with adolescents and adults (including individuals and families) presenting with health issues (eating disorders, anxiety related to medical treatment regimens, chronic illness management/adherence), anxiety disorders (panic disorder, Social Phobia, OCD, GAD) and major depression.

Clinical Psychologist in independent private practice 2002-2005, Providence, RI. Psychotherapy specializing in cognitive and behavioral therapies with children, adolescents, and adults (including individuals and families) presenting with health issues, anxiety disorders and major depression.

HOSPITAL APPOINTMENTS:

Staff Psychologist, Rhode Island Hospital, Department of Psychiatry,
Division of Child and Family Psychiatry, **2002-2004**

Consulting Psychologist, Rhode Island Hospital, Hasbro Children's Hospital
Asthma Center Programs, Department of Pediatrics, Rhode Island Hospital,
2002-2004

CLINICAL AND APPLIED EXPERIENCE:

Position: **Staff Psychologist**, 6/1/02 to 7/1/04, Rhode Island Hospital, Providence, RI.
Assisted on two NIH grants: 1) NICHD grant, PI Elizabeth
McQuaid, Ph.D., *Increasing Adherence to Inhaled Medication in Pediatric
Asthma*; and 2) NHLBI grant, PI Gregory K. Fritz., M.D. *Symptom Perception in
Pediatric Asthma*. Also, served as consulting psychologist within the
Department of Pediatrics.

Position: **Clinical Psychology Postdoctoral Fellow**, 8/1/99 to 5/31/02, Brown University
Consortium in Clinical Psychology and Rhode Island Hospital, Providence, RI.
Research areas included: family management of pediatric asthma, psychological
correlates of symptom perception accuracy in children with asthma.

Rotations: Partial Hospitalization Program, Consultation/Liaison, Adolescent Obesity
Weight Management Group, Pediatric Sleep Clinic, Emergency Department
consultation, cognitive assessments of children with learning and developmental
disorders, outpatients, Draw-A-Breath asthma education program.

Position: **Clinical Psychology Predoctoral Intern**, 07/1/98 to 6/30/99, Brown University
Consortium in Clinical Psychology, Providence, RI

Rotations: (1) Pediatric Psychology, Rhode Island Hospital, Providence, RI. Participated in
pediatric sleep clinic, pediatric consultation/liaison, emergency department
coverage, pediatric biofeedback clinic, pediatric medical/psychological partial
hospital program, pediatric oncology, cognitive assessment, and pediatric
psychology outpatient caseload.

(2) Early Childhood Center, Bradley Hospital, East Providence, RI.
Participated as individual and family therapist for children in early childhood
classroom within a self-contained, therapeutic day school program. Served as
Mental Health Associate Consultant to Head Start Centers in Newport, RI.
Carried outpatient assessment and intervention caseload of families presenting
with early childhood related issues.

(3) Women's Partial Hospital Program, Butler Hospital, Providence, RI.
Participated as group and individual therapist for women with borderline
personality disorder, eating disorders, and disorders related to anxiety and
depression using Dialectical Behavior Therapy.

Position: **Associate Clinic Direction**, 09/96 to 09/97; **Clinical Program Student Representative**, 09/95 to 09/96, **Clinic Associate**, 06/94 to 6/98; Psychological Services Center (PSC), University of Maine, Orono, ME

Position: **Psychology Trainee**, summer '94 and 09/95 to 07/96, Behavioral and Developmental Pediatrics, Eastern Maine Medical Center, Bangor, ME

Position: **Group Facilitator**, 11/96 to 03/97; 02/96 to 06/97, Waterville Junior High School, Waterville, Maine; Job Corps Center, Bangor, ME, Penobscot County Facility

Position: **Psychology Trainee**, 09/94 to 06/95, Guilford School District (SAD#4), Guilford, Maine

Position: **Associate Mental Health Consultant**, 09/94 to 05/95, Penquis CAP Head Start Program, Penobscot County, Maine

Position: **Psychology Trainee**, 09/93 to 05/94, Child Study Center, University of Maine, Orono, Maine

PROFESSIONAL AFFILIATIONS:

American Psychological Association
Maine Psychological Association
Society of Clinical Child and Adolescent Psychology
Association for Contextual Behavioral Science

RESEARCH EXPERIENCE:

Postdoctoral Fellowship:

Topic: **Family Asthma Management**, 8/99 to 5/02, Brown University Consortium in Clinical Psychology, Rhode Island Hospital, Providence, RI

Duties: Grant writing, manuscript preparation, conference presentations, and data collection.

Topic: **Symptom Perception in Pediatric Asthma**, 8/99 to 5/02, Brown University Consortium in Clinical Psychology, Rhode Island Hospital, Providence, RI

Duties: Grant writing, manuscript preparation, conference presentations, and data collection.

Internship Research Placement:

Project: **Family Asthma Management**, 07/1/98 to 6/30/99, Brown University Consortium in Clinical Psychology, Rhode Island Hospital, Providence, RI

Topic: Development of survey and research study examining asthma health professionals' views on child asthma responsibility. Collaboration on research examining child and parent perspectives of child responsibility for asthma self-management; co-author on one paper, co-author on two posters.

Dissertation:

Project: **Patterns of Emotion Regulation Coping in Children with Asthma and Diabetes**, 01/97 to 5/99, Dissertation passed with distinction; University of Maine, Orono, Maine.

PUBLICATIONS:

a) **Publications (peer-reviewed)**

Penza-Clyve, S., Mansell, C., McQuaid, E.L. (2004). Why don't children take their asthma medications? A qualitative analysis of children's perspectives on adherence. Journal of Asthma.

Penza-Clyve, S., & Zeman, J. (2002). Initial validation of the Emotion Expression Scale for Children (EESC). Journal of Clinical Child and Adolescent Psychology, *31*, 540-547.

McQuaid, E. L., **Penza-Clyve, S.,** Nassau, J. H., Fritz, G. K, Klein, R., O'Connor, S., Wamboldt, F., & Gavin, L. (2001). The Asthma Responsibility Questionnaire: Patterns of family responsibility for asthma management. Children's Health Care, *30*, 183-199.

Zeman, J., Shipman, K., & **Penza-Clyve, S.** (2001). Development and initial validation of the children's Sadness Management Scale. Journal of Nonverbal Behavior, *25*, 187-205.

Klein, R., **Penza-Clyve, S.M.,** McQuaid, E.L., & Fritz, G.K. (2000). Behavior modification as adjunctive therapy for asthma. Clinical Pulmonary Medicine, *7*, 326-330.

Shipman, K., Zeman, J., **Penza, S.,** Champion, K. (2000). Emotion management skills in sexually maltreated and nonmaltreated girls: A developmental psychopathology perspective. Developmental Psychopathology, *12*, 47-62.

Zeman, J., **Penza, S.,** Shipman, K., & Young, G. (1997). Preschoolers as functionalists: The impact of social context on emotion regulation. Child Study Journal, *27*, 41-67.

b) **Other Publications**

Penza-Clyve, S., & McQuaid, E.L. (2001). Book Review: Adherence to Pediatric Medical Regimens. Journal of Pediatric Psychology, *26*, 285-286.

TEACHING EXPERIENCE:

Position: **Instructor** (3 semesters)

Course: **Statistics for the Behavioral Sciences (Psy 341)**

Dates: Fall, 1996; Spring, 1997; Fall, 1997

Place: Department of Psychology, University of Maine, Orono, Maine

Duties: Full teaching responsibilities including selecting text, generating syllabus, writing and presenting lectures, writing and grading examinations, supervising a graduate teaching assistant in preparing the laboratory section.

Position: **Instructor** (2 semesters)

Course: **Abnormal Psychology (Psy 312)**

Dates: Fall, 1997; Spring, 1998
Place: Department of Psychology, University of Maine, Orono, Maine
Duties: Full teaching responsibilities including selecting text, generating syllabus, preparing and presenting lectures, writing and grading examinations, assigning and grading students' presentations of research articles, assigning and grading case studies, and leading class discussion.

Position: **Graduate Teaching Assistant** (4 semesters)
Courses: Statistics for the Behavioral Sciences (Psy 341);
Social and Cognitive Development (Psy 420, Psy 421)
Dates: Fall, 1993; Spring, 1994; Fall, 1995; Spring, 1996
Place: Department of Psychology, University of Maine, Orono, Maine
Duties: Statistics: Prepared and taught a weekly recitation for undergraduate students taking statistics, including assigning and grading homework and quizzes; guest lectured. Social and Cognitive Development: Prepared and conducted weekly discussion sections; guest lectured; taught behavioral observation skills, coordinated and supervised undergraduate students' internship experiences in a therapeutic preschool.

Updated: 3/1/2009